



Rotary Club of Kahala Sunrise

Chartered 2007 Honolulu, Hawaii

WEEKLY NEWSLETTER Vol. 2, No. 9

OCTOBER IS VOCATIONAL SERVICE MONTH *Rescuing the 'abandoned Avenue of Service'*



Reach Within to Embrace Humanity

When **Sandra Schley** heard Vocational Service referred to as the "abandoned Avenue of Service," she made a commitment to inspire clubs to action. In her years as governor of District 5950 (Minnesota, USA), she promoted it at every club visit. She also established a theme for district training

events, "Develop a Legacy of Leadership." and highlighted the importance of volunteering through one's profession.

As a result, clubs in **Schley's** district initiated seven vocational service projects, including an ethics workshop and a mentoring program for at-risk students.

Similarly, during **Nijad K. Al Atassi's** year as governor of District 2450 (parts of Africa, the Mediterranean, and the Middle East), he made projects related to professions and enterprise a priority. He encouraged the Rotary Club of Alexandria Sporting, Egypt, to take on a microcredit leading effort to help community members start their own businesses. **Al Atassi** suggests that other district governors communicate the importance of vocational service to clubs, and allocate funds in the district budget for carrying out projects, promoting awards, and pointing members to resources.

But, what if, despite district leaders' support, clubs are still stuck when it comes to vocational services? **John Cameron**, a past governor of District 9680 (Australia), recommends brainstorming with club officers during district meetings. He says a good starting point is to focus on groups that need the most help, such as youth, minorities, and older workers in need of retraining.

"Be determined to innovate," **Cameron** says.

Schley says Rotary's commitment to integrity and serving through one's profession is more important than ever. *"It is part of what we are as business people and who we are as individuals – at home, in our place of business, and in our community at large."* §

Aug 31, 2011

Our Next Meeting: Sept 07, 2011

Roald Marth

"CleanTech Paradise:

Freeing Hawai'i From Fossil Fuel."

IN THIS ISSUE

Rescuing the 'abandoned Avenue of Service'	1
Foundation Thoughts	2
September Celebrations	2
At our last meeting ...	2
Scrapbook Story Board	3
Our Next Speaker	3
Getting to Know You	4
Thoughts on Retirement Income	4
Dictionary Delivery Project August 29th & 31st	5
Club Officers & Directors 2011-12	6

UPCOMING EVENTS

Upcoming Club Inspiration/Activities

Jan Rumi

Sept 09-11: Sheraton Kauai Resort

Rotary District 5000

Hawaii Conference

Sept 14: **Vocational Day meeting @ Wahoo Kahala – 5:30 pm**

Sept 21: **Brandon Corse & Lyla Berg**

"Celebrating the Next Generation: Rotary & New Generations Service"

Sept 28: **Chuck Sted**

"Changing Health Care in Hawaii"

Visit our website for more info
www.rotarykahalasunrise.com



Foundation Thoughts

EVERY
ROTARIAN
EVERY
YEAR

The Rotary Foundation enables clubs all over the world to develop and accomplish self-sustaining projects that change lives and change the world for the better. When you support The Rotary Foundation's Every Rotarian, Every Year initiative, you personally help fund one of those life-changing projects. Support your Rotary Foundation! Advance world understanding and peace. ... It's a role you were born to play!

— Past District Governor Mike Montgomery, District 5030



September Celebrations

Birthday

Francine Wai Sept 04

Stephen Morgan Sept 13

Stephen Kaaa Sept 14

Wedding Anniversaries

Darryll & Tiki Wong

September 03

Bill & Joann Green

September 12

Club Anniversaries

Debi Halcro Sept 26

Our last meeting ...

President **Pat Duarte** opened the meeting, greeting guest and fellow Rotarians. Our guest this week was **Kathy Higa**, our favorite former club secretary. **Teresa Law** was our volunteer for club inspiration/activities, and she read some quotes from "Live and Learn and Pass It On", of people ages 5-95 share what they've discovered about life, love, and other good stuff.



Kathy Higa and Kevin Chee

The dictionary delivery to the schools organized by **Stephen Morgan** continues this week with delivery to the 3rd graders at Kahala Elementary, Wilson Elementary, Variety, and Nativity School. Please remember to sign



Vicki Shim and Pat Duarte

up for the project as new schools are added to the list and really in need of more volunteers.

Vicki Shim received 2 checks for the Rotary Foundation this week: one from **Pat Duarte**, and the other one from **Nancy Varner**, who reported that her business was sold and now she and her husband can enjoy true retirement.

Kevin Unemori requested suggestions for more service projects that our club could provide to the community. **Kevin Chee** had suggested that we could send month-old magazines to our troops in Afghanistan by U.S. Postal Service. Details will be announced at our next meeting.



Pat Duarte, Kevin Unemori, and Francine Wai

Joseph Rothstein collected "Happy Dollars" from all the happy people, including **Bonnie Castonguay**, who has a new grandchild; **Francine Wai**, whose photo of her Tibet trip last year is on display at the Canon Center; other happy people included **Vicki Shim** and **Debi Halcro**.



Nancy Varner and Paul Weber

With **Nancy Varner's** "Getting to Know You" program this week, we got to learn about **Paul Weber**. See Paul's story in our next issue.

Clarence Darnell was the 50/50 game-master. Our guest **Kathy Higa** drew the lucky number, and the winning number belonged to **John Norden**.

Our program this week was a Vocational Meeting on "Financial Planning" hosted by **Brandon Corse**. We had our own **Joseph Rothstein** and **John Norden** giving us tips on retirement income and financial planning. See tips from **Joseph** on page 4. §



Brandon Corse



John Norden



Scrapbook Story Board



Bonnie Castonguay, Kevin Unemori, and Bob Buss



Brandon Corse, Kristi Nishimura, and Grecia Hill



Stephen Morgan, Gloria King, and Kathy Higa



Debi Halcro and Paul Weber



Dianne Bosworth and Rob Loughridge



Vicki Shim, Debi Halcro, Francine Wai, Nancy Varner, and Bonnie Castonguay



Pat Duarte, Debi Halcro, and Marshall Sato

below:
Bob Buss and Kevin Chee



Paul Weber tried to repeat last week's winning streak at the 50/50 game



Bob Buss, Francine Wai, and Jan Rumi



John Norden and Lisa Halvorson



Kathy Higa drew the lucky ticket



and the winner is ... John Norden



Nancy Varner was happy getting her business sold!

Our Next Speakers

Roald Marth,

CEO of

Kū'oko'a, is an internationally recognized venture

capitalist, technologist, author, strategist, and marketing guru. He is focused on freeing Hawai'i from its dependence on fossil fuel.

Before Kū'oko'a, Roald co-founded WhereToLive.com, an industry-leading suite of web-based productivity tools leveraging the Internet for lead generation, listing distribution, prospect and contact management and online marketing.

Roald also co-founded Technology Evangelist, a consulting firm focused on defining, designing, and implementing technology-related solutions. Previously he founded Superstar Computing, provider of personal productivity education, products, and services. Under Roald's leadership, it soon became an industry standard and was sold to Merrill Corporation in 1997. §



 Find us on Facebook

<http://www.facebook.com/pages/Rotary-Club-of-Kahala-Sunrise>

In this issue:

Photographer:
Gloria King, Kevin Unemori, Teresa Law

Contributor:
Gloria King, Mike Lampman, Joseph Rothstein



Getting to Know You



Mike Lampman was born in Hamilton, Ontario, Canada.

He moved to Los Angeles, California when he was 12. His four brothers and one sister have spread out from Los Angeles to Seattle, Chicago and Toronto, Canada.

Mike attended University of Denver where he received a degree in economics. He played Division 1 NCAA ice hockey and went to the Final Four three out of the four years, winning the NCAA championship once.

After graduating, Mike played with the Blues, the Vancouver Canucks, and the Washington Capitals until he retired after the 1976-77 NHL season.

After the end of his ice-hockey career, Mike became a commercial real estate broker in Denver, Colorado until his moving to Honolulu in 1991. He has been in the residential lending industry with various companies. With all of the mergers and acquisitions in the financial industry, he is now with American Savings Bank. His hobbies and interests include tennis, golf, and traveling. His favorite places in "this wide world of ours" as he quoted are the Piazza San Marcos, the Grand Canal in Venice, Italy. §

Thoughts on Retirement Income

Joseph Rothstein, CFP

Four Principles of Retirement Income:

- Though markets fluctuate, retirement income should be dependable
- Inflation will be ever with us, so income growth over time should be built-in
- We must recognize the limits of our control, so risk management should be part of every strategy
- Death and taxes will be ever with us, so we should always consider tax impacts and legacy planning

The Retirement Income Portfolio:

- Stocks/bonds/cash may not provide adequate diversification
- "Average" rates of return may take years to reach the average
- No investment is risk-free; do your best to learn the risks and consider how to address them
- In planning for retirement income, consider:
 - the likelihood and effect of short-term principal and income fluctuation on each investment
 - the time needed to achieve anticipated rate of returns for a given investment
 - how soon we plan to draw income from each source, giving the most volatile sources the most time to grow untouched
 - dependability of income -there may be a role for cash/ short-duration bonds, annuities, real estate/REITs, Limited Partnerships, etc., as well as diversified stocks and bonds

If we do the job properly, our goal should be to ignore market fluctuation, confident that our income will be dependable and will grow over time!

Please consult your tax and legal advisors before implementing any investment strategy. §



When it comes to retirement accounts, sometimes less is more.



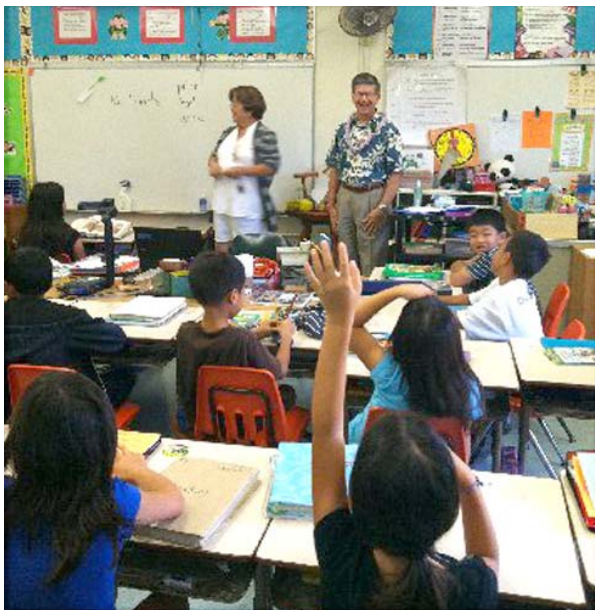
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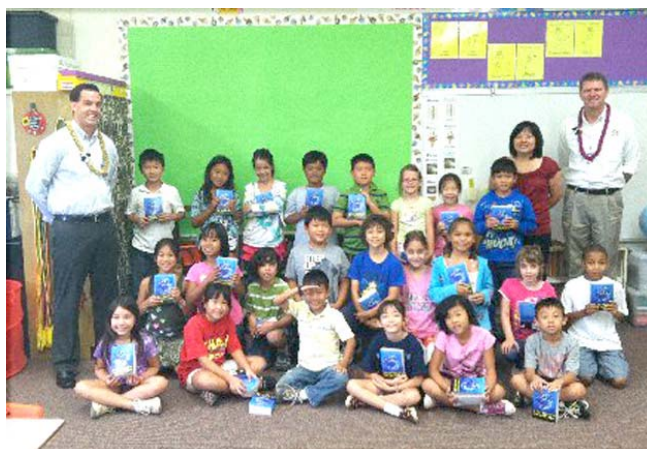
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Dictionary Delivery Project – August 29-31



Pat Duarte with the 3rd Graders at Kahala Elementary School



Brandon Corse and Charlie Fortner with the 3rd Graders at Kahala Elementary School



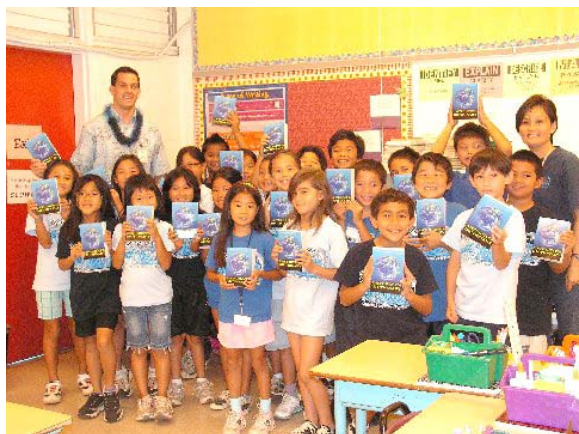
putting the name on the dictionary



Stephen Morgan with the 3rd Graders at Kahala Elementary School



looking up names of the US presidents



3rd Graders at Wilson Elementary School with Brandon Corse



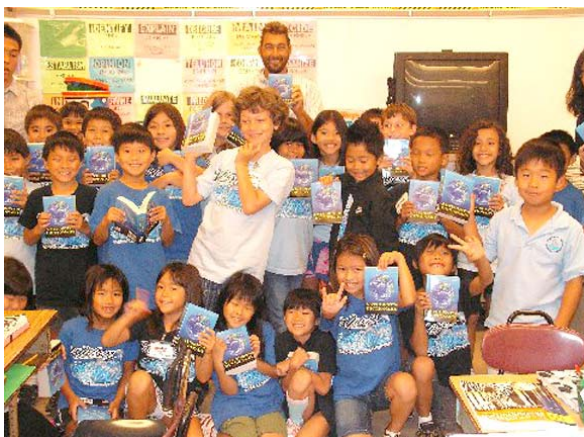
learning the longest word



Brandon Corse



Stephen Morgan



3rd Graders at Wilson Elementary School with Stephen Morgan



3rd Graders at Wilson Elementary School



Bonnie Castonguay and Charlie Fortner



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