



# Rotary Club of Kahala Sunrise

Chartered 2007 Honolulu, Hawaii

December 1, 2010

Our Next Meeting: Dec 8, 2010

Speaker: Letha Sundquist DeCaries

*Gypsies and their Scams*

## WEEKLY NEWSLETTER

Vol. 1, No. 22

### The Rotary Emblem (Part 2)



The current Rotary emblem

THE Rotary emblem, unchanged since 1924, was redesigned many times in the early years of the organization.

Bjorge drafted an emblem with six spokes and 24 cogs, giving it a sturdy appearance. In this design, the number of teeth and

NATIONAL ASSOCIATION OF



spokes was intended to reflect a real, working gearwheel, and not any aspect of Rotary's history.

In November 1919, the Board adopted Bjorge's design and a detailed description, and the 1921 convention formally approved them. For many years, descriptions of the emblem simply referred to a 1920 article in *The Rotarian*, "Redesigning the Rotary Wheel," which announced the Board's decision.



By 1924, Bjorge's design had been modified to include a keyway. This addition has been attributed to Will R. Forker, of the Rotary Club of Los Angeles. He was reported to have said Bjorge's design made no provision for the transfer of power to or from a shaft, rendering the wheel idle. Forker perceived Rotary as a "living force," and inserting a keyway into the hub made the new wheel a "real worker."

In January 1924, the Board formally approved the emblem that was then in use. Not all written descriptions were updated immediately, however. To clear up any confusion caused by the various decisions about the emblem between 1912 and 1929, a standard description of the existing design, with a keyway, was approved by the 1929 convention.



The Rotary emblem, like Rotary's name and other logos, is a registered trademark. Clubs, districts, and Rotary Entities are welcome to use the Rotary emblem subject to the guidelines for the use of the Rotary Marks as set forth by the RI Board of Directors. These guidelines govern the use of the Rotary Marks on all merchandise, promotional materials, and publications, including domain names and websites. <sup>§</sup>

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### UPCOMING EVENTS

#### Upcoming Club Volunteers

Inspiration: **Kathy Higa**

Rotary Minute: **Bob Sisson**

#### Dates to Remember

Dec 15: Major General **Darryll Wong**

*The Hawaii Air National Guard:  
Who and What It Is*

Dec 18: **Club Christmas Holiday Party**  
*Emiko & Bryan Yamashita's home*

Dec 22: Poet **Joseph Stanton**

*A Field Guide to the Wildlife of  
Suburban O`ahu*

Dec 29: **DARK** - No meeting

Visit our website for more info  
[www.rotarykahalasunrise.com](http://www.rotarykahalasunrise.com)



## Inspiration of the Week

### STRESS MANAGEMENT

A lecturer, when explaining stress management to an audience, raised a glass of water and asked. "How heavy is this glass of water?" Answers called out ranged from 20g to 500g. The lecturer replied, "The absolute weight doesn't matter. *It depends on how long you try to hold it.* If I hold it for a minute, that's not a problem. If I hold it for an hour, I'll have an ache in my right arm. If I hold it for a day, you'll have to call an ambulance. In each case, it's the same weight, but the longer I hold it, the heavier it becomes."

He continued, "And that's the way it is with stress management. If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy, we won't be able to carry on. *When we're refreshed we can carry on with the burden.* So, before you return home tonight, put the burden of work down. Don't carry it home. You can pick it up tomorrow. §



## At our last meeting...

ON the first day of December, President **Gloria King** opened the meeting, greeting fellow Rotarians and guests. **Marj Boyd** led the Pledge of Allegiance, and **Carl Smigielski** led us in a rendition of "Happy Birthday" to celebrate December birthdays and Club anniversaries.

We had a great group of visitors: **Giovanni Gaudino** from the Novara Club in Italy, our speaker **Nicole Tsutahara**, a Rotary Ambassadorial Scholar, and her sponsor **Charlie** and his wife **Yoshie Weems** from the Rotary Club of Honolulu Sunset.

The Salvation Army Thanksgiving Luncheon serving project was a great success, and we will have a more detail report on the "Slippah" Project coming soon. **Gloria King** reminded everyone to mark their calendars for our club's *Christmas Party* (pot luck) at 6 p.m. on December 18, to be held at **Emiko** and **Bryan Yamashita's** house. We are using this opportunity to participate in the "Toys for Tots" project. Please bring an unwrapped gift for a child (No DVDs or Video games).

We were happy to hear that **Walt Davis** is recovering nicely, and is now resting at home.

Since our secretary **Kathy Higa** and Sergeant-At Arms Emiko Yamashita were both out sick, **Nancy Varner** assisted in passed out the official election ballots to members present at the meeting for the election of club officers for 2010-11. Other members will be receiving the ballot in the mail. Ballots and mailed-in ballots will be counted at the Annual Meeting on December 22 and results will be announced at that time.



*Charlie Weems introduced our speaker Nicole*

**Charlie Weems**, a professor in the Department of Human Nutrition, Food and Animal Sciences at the University of Hawaii at Manoa, introduced our speaker, **Nicole Tsutahara**. Charlie was Nicole's adviser and sponsor for the 2009-2010 Rotary Ambassadorial Scholarship from Hawaii to New Zealand. According to Professor Weems, Nicole worked very hard, and she was always

for first to be at the classroom or lab. She has been studying veterinary medicine at the Massey University Turitea Campus on Pamerson North Island since February of this year. §



*Gloria King and Giovanni Gaudino*



*Nancy Varner helped Gloria King pass out ballot to Marj Boyd*



*Nicole Tsutahara recounted her life in New Zealand*



## Scrapbook Story Board



*Pat Duarte, Giovanni Gaudino, and Bob Buss enjoyed the breakfast*



*Stephen Morgan, Bill Green, Joseph Rothstein, Pat Duarte, and Bob Buss enjoyed the company of Giovanni Gaudino*



*Brandon Corse and Nancy Varner*



*Bonnie Castonguay*



*Bill Green reported his daughter had been released from the hospital and is now resting at home*



*Charlie Weems, Nicole Tsutahara, Gloria King, and Yoshie Weems*



*Gloria King asked Nicole Tsutahara to sign a book to be given to a grade school in her name*

## Happy Dollars Time



*Stephen Morgan collected Happy Dollars from this table of extravaganza: Marj Boyd was happy that her alarm clock was off and she was not late! Susan Graham was happy about her vacation trip to Australia next week; and Carl Smigielski was happy to get up in time this morning.*



## Our Next Speaker

**L**etha Sundquist DeCaires

earned degrees in Early Childhood Education, Elementary Education and a Music minor from the College of St. Scholastica in Duluth, Minnesota. She joined the Honolulu Police Department in 1983.



Letha was promoted to the rank of Captain in 2008 and retired July 1, 2010 after serving as the Honolulu Police Department Public Information Officer for the department and specializing in legislative issues. She served as the Finance Division Executive Officer, the Community Affairs Division Executive Officer and Criminal Investigation Division Property Crimes Section Administrator. Her list of awards and recognition include Nomination for the National Association of Police Organizations' Top Cops Award, Veterans of Foreign Wars Law Enforcement Award, Department of Justice Integrity Award, National Center of Missing and Exploited Children, Hawaii Joint Police Association Salute to Women in Law Enforcement and was a State of Hawaii Law Enforcement Hall of Fame inductee in 2002. She was awarded the Top Cops Lifetime Achievement Award in Law Enforcement in October 2010, and is currently pursuing a career in law enforcement in the Midwest. Letha is married, the mother of seven children, and also have four granddaughters and two dogs. You can find her playing tennis, softball or swimming laps at the Kailua District Park or coaching boys' and girls' AYSO soccer. She bakes killer chocolate chip cookies. §



## Did you know...



**D**EBI Halcro was born and raised in Pleasant Hill, California in a family of 4 children. Two brothers and one

sister. Her husband D.J. is from Maine, and they have 2 beautiful adopted daughters: Sydnee, 14, from southern China, and Kaylah, 10, from the northern part of China.

The family loves to play in the ocean, and Debi's favorite pastime is running. She enjoys reading David Baldacci's mystery novels. David Baldacci serves as a national ambassador for the National Multiple Sclerosis Society and participates in numerous charities as well as founding his own foundation for literacy, Wish You Well Foundation. Debi's current reading is James Patterson's "Suzanne's Dairy for Nicholas". You can tell she loves mysteries, but don't count her out on comedy-romance movies and, of course, *The Karate Kid*. Her favorite movie star is Johnny Depp!

Growing up, she played the violin, and loves all types of music (except heavy metal). She has aspired to become a librarian's assistant. Her father, who is 83 years old, still walks 3 miles every day. He is Debi's hero because he was her mother's caregiver for several years and did a fabulous job!



1. Is it the TRUTH
2. Is it FAIR to All Concerned?
3. Will it build GOODWILL and Better Friendships?
4. Will it be BENEFICIAL to All Concerned?

## Rotary is an opportunity

**R**otary club gives us an opportunity that no social, political, or specialized business club can do. It is strong on the human side; it stands for the individual, unfetters him, appeals to his originality, brings out his latent powers, and puts him at his best by extending him the full measure of his confidence and appealing to the best that is in him 'service not self.'

— 1912-13 RI President Glenn C. Mead in *The National Rotarian*, January 1912

**L**eaving your legacy through The Rotary Foundation. The Rotary Foundation has helped touch lives all over the world by putting polio drops in mouths of children, digging wells so clean water is available for drinking and bathing, providing education opportunities, and much more. By becoming a member of the Bequest Society, you can help ensure that important projects like these continue in the future. If the projects and programs that Rotary completes today are important to you, then please become a Bequest Society member so that Rotary is secure for tomorrow.

— Rotarian Jean Waltke

## Rotary Club of Kahala Sunrise Christmas Party

**Date:** December 19, 2010  
**Time:** 6:00 p.m.  
**Place:** 4528 Kolohehala St.  
Honolulu, HI 96816

**Emiko & Bryan  
Yamashita Residence**

**POT LUCK  
B.Y.O.B**

**PLEASE BRING AN UNWRAPPED GIFT  
TO PARTICIPATE IN "TOYS FOR TOTS"**

*RSVP*  
**Debi@valentiprintgroup.com  
DianneB@PruHi.com**



### CLUB OFFICERS & DIRECTORS 2010-2011

<b>President</b> Gloria King	737-1991 rekinghi@aol.com
<b>VP/President-Elect</b> Carl Smigielski	225-2400 carl@sandislehawaii.com
<b>Secretary</b> Kathy Higa	372-2896 kahalasunrise@gmail.com
<b>Treasurer</b> Marshall Sato	737-8585 msato.ocy@hawaiiantel.net
<b>Sergeant-at-Arms</b> Emiko Yamashita	732-2215 emiko-yamashita@hawaii.rr.com
<b>Immediate Past President</b> Charles Fortner	590-8716 cwf808@yahoo.com

### DIRECTORS

<i>Club Administration Director</i> Pat Duarte	218-7070 pduarte@kahalanui.com
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### Advertisement



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#### In this issue:

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Contributors: Gloria King



### Dogology

My dog is worried about the economy because Alpo is up to \$3.00 a can. That's almost \$21.00 in dog money

~ Joe Weinstein