



Rotary Club of Kahala Sunrise

Chartered 2007 Honolulu, Hawaii

WEEKLY NEWSLETTER *Vol. 1, No. 18*

GSE helps provide "legs to stand on"

By Dan Nixon

Rotary International News -- 11 October 2010

IN concentrating on disease prevention and treatment, one of the area of focus of The Rotary Foundation's Future Vision Plan, the **Group Study Exchange (GSE)** served as a prototype of the vocational training teams that are being funded during the plan's three-year pilot phase. (All districts will begin to participate in the plan in July 2013.) Foundation Trustee Samuel A. Okudzeto outlined the key features of the plan during his keynote address at the conference.

The conference theme, "*Legs to Stand On*," shared the name of an ongoing project that targets disabling diseases and conditions affecting feet and lower limbs.

Legs to Stand On "includes both the development of technical tools and the co-implementation of projects to prevent disability in developing countries," said Mary Jo Geyer, a physical therapist at the University of Pittsburgh and a GSE team member, in a report on the conference. "Two of the leading causes of global disability are diabetes and lymphatic filariasis [elephantiasis], affecting over 500 million persons. Somewhere in the world, a lower-limb amputation occurs every 30 seconds due to diabetes."

The conference focused on achieving a consensus among international and national experts on the technical tools needed to guide the implementation of programs for foot and lower-limb care in developing countries. It produced a vital framework for preventing disease, disability, and premature death from chronic wounds, edema, and joint limitations.

"Ghana has been targeted as one of the first countries where the cross-diseases approach to community-based foot and lower-limb care will be implemented," said Geyer, who heads a University of Pittsburgh project for self-management of chronic edema/lymphedema in individuals with mobility limitations. Conference participants are drafting training manuals for nurses, technicians, community volunteers, patients, and their caregivers in Ghana.

"We also anticipate beginning three-year pilot projects to implement comprehensive lower-limb care programs in selected countries including India, Nepal, Sri Lanka, and Togo as funding becomes available," Geyer said. §

November 3, 2010

Our Next Meeting: November 10, 2010

Guest Speaker: Noelle Kahanu

"Under a Jarvis Moon:

A Forgotten Chapter in Hawaii's History"

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UPCOMING EVENTS

Upcoming Club Volunteers

Inspiration: **Debi Halcro**

Song: **Delores Bediones**

Rotary Minute: **Vicki Shim**

Good Deed: **Carl Smigielski**

Dates to Remember

Nov 17: **Vicki Shim**

November is a Rotary Foundation Month

Nov 24: **Paul Field**

Pilgrims, Indians, and Thanksgiving: The Real History/Story

Dec 1: **Nicole Tsutahara**

My Experience as a Rotary Ambassadorial Scholar in New Zealand 2009-2010

Visit our website for more info

www.rotarykahalasunrise.com



Foundation Thought of the Week

The Foundation belongs to us all. It is our greatest resource for doing good, and it is our responsibility to maintain its strength. I hope every Rotarian will join us by making a contribution to support the Foundation's programs this year. — 2004-05 RI President Glenn E. Estess Sr.



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Our Mission:

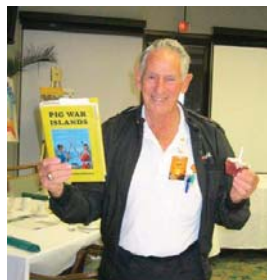
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At our last meeting...

PRESIDENT **Gloria King** opened the meeting, welcoming back **Emiko Yamashita** from Japan, and **Nancy Varner** from Oregon. After the Pledge of Allegiance, **Bill Green** told us the story of the *Pig War Island*,



Bill Green's inspiration from "Pig War Island"

a war that lasted 13 years by "two great nations in a war over a squabble about a pig" on San Juan Island. By August 10, 1859, 461 Americans with 14 cannons under Colonel Silas Casey were opposed by five British warships mounting 70 guns and carrying 2,140 men. The British and U.S. soldiers exchanged insults, each side attempting to goad the others into firing the first shot, but discipline held on both sides, and thus no shots were fired.

Marj Boyd doubled up her efforts for the Good Deed kukui nut lei by making extra donation to the Covenant House of the Catholic Church in New York; and she also paid for two elderly ladies at Zippy's who were counting pennies for their meals. The Good Deed kukui nut lei was then passed onto **Carl Smigielski**.



Marj Boyd talked about her good deeds



Kathy Higa lit candles on special cupcakes for Jan Rumi, Dianne Bosworth, Bill Green and John Norden

We celebrated the November birthdays of **Bob Buss, Bill Green, Joe Rothstein, and Dianne Bosworth**; and wedding anniversaries of **Bob & Adelia Buss, Shelia & Michael Callum, Dianne & Bryan Bosworth, John & Deborah Norden, Mark & Eliza Hand, and Jan & Bithi Rumi**.

Emiko Yamashita was happy to be back from Japan. She visited the Rotary Club of Roppongi. The club president is **Hiroshi Shinozuka**, who is also a member of the Waiialae Country Club; the club secretary is **Tomihisa Yamaguchi**, who was a graduate of HPU. **Nancy Varner** said she even has her own badge when she visited the Keizer Rotary Club.



Emiko Yamashita

Pat Duarte introduced our speaker, **Jan Rumi**, International Service Director of our club, who gave us a show and tell about "Five Reasons You Want to Go to India". We all learned about interesting facts about India: *Indian is the world's largest democracy, the world's oldest continuously inhabited city - Varares; and the world's second largest population. India has the world's largest railway system, and is one of the world's largest exporters of cars. It has 50 million high income households, and 9 out of every 10 diamonds sold in the world pass through India. Indians buy 2 million cell phones connections every month. One third of Microsoft and one quarter of IMB employees are Indians.* §



Scrapbook Story Board



Alan Ma and John Norden



Kevin Chee and Dianne Bosworth



Dianne Bosworth serving celebration cupcakes to Debi Halcro



Debi Halcro, Nancy Varner, and Charlie Fornter intrigued by Bill Green's Pig War Island



Carl Smigielski and Pat Duarte were happy about the Halloween Party and the prep team



Emiko Yamashita collected Happy Dollars from Kathy Higa agreeing with Pat Duarte

Travelogue Scrapbook



Nancy Varner and other Rotarians from Hawaii who attended the Rotary Zone Institute in October



Emiko Yamashita at the Rotary Club of Roppongi with club president Hiroshi Shinozuka and secretary Tomihisa Yamaguchi on October 20th

Our Next Speakers



Noelle Kahanu

is Project Manager at the Bishop Museum in Honolulu.

"Under a Jarvis Moon" tells the story of 130 young men – many recent graduates of Kamehameha Schools – who were sent to occupy Howland, Baker, and Jarvis Islands from 1935 to 1942. While on the Islands, the young men were expected to undertake various activities with few resources and in total isolation. They collected specimens for Bishop Museum; mapped the islands; cultivated coconuts and vegetables; and prepared a landing field for Amelia Earhart, who was expected to make Howland Island one of her last stops on her round-the-world flight. Through it all, they endured rats, sharks, and ultimately, enemy fire. The film shares many of these stories in the colonists own words, through 2002 oral history interviews, as well as through photographs, log books entries, and government documents.

"Under a Jarvis Moon" was developed by Bishop Museum with support from Kamehameha Schools and the Education through Cultural and Historical Organizations (ECHO), an initiative to provide educational enrichment to Native and non-Native children and lifelong learners. ECHO is supported by the U.S. Department of Education, Office of Innovation and Improvement. ⁵



“Slippah” Project



THE Rotary Club of Pearl Harbor shares their wealth and donates 600 pairs of slippahs to the Rotary Club of Kahala Sunrise for our school kids and homeless. Coordination and distribution will happen soon. For more information contact **Joseph Rothstein** or **Gloria King** ^S

Mahalo Mahalo Mahalo

From:

Jeanne Davis

To:

Gloria King



Dear Gloria, and all of you wonderful Rotarians,

I feel remiss in not letting you hear how exquisite the orchid plant is!

Walter was delighted to have it... and it brightens up his room sooooo much. Carl and Jim stopped for a minute last night and I showed them what a beautiful plant it is. It certainly adds much cheer to Walter's room.

Things are a bit busy but Walter is "holding his own." He so appreciated the card with all the signatures and caring words from all of you.

Thank you thank you for such a beautiful thought from all of you special people. It is very appreciated!

Warmest aloha,

Walter and Jeanne

* * *

5 Reasons you want to visit India

by Jan Rumi

1st – beautiful and diverse scenery



Himalaya - Nepal



Desert - Pakistan

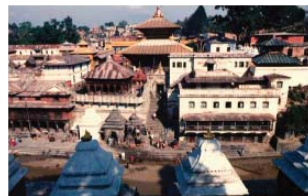


Bangladesh - Delta Region

2nd – Food

Food varies from region to region - McDonald's outlets serves a mutton burger called *Maharaja Mac*.

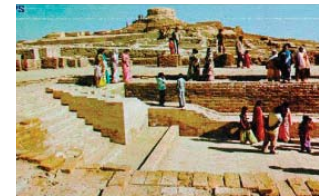
3rd – History and architecture



A small town in Nepal



A village in Bhutan



Meonjodaro - Pakistan



Taj Mahal - India



Golden Temple (Sikhism)

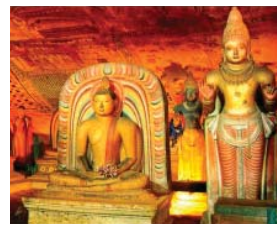


Badshahi Mosque (Islam)

4th – Culture : A country of 6 major religions, a festival everyday



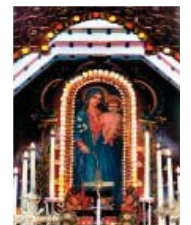
Hinduism



Buddhism



Jainism



Christianity

5th – Live like a maharaja

- You can pretend to be a maharaja, aboard a traditional howdah seat on an elephant's back. The driver perched on its next, strolls up the cobblestone road to the massive gates of the 16th century palace of Amber, 11 km from Jaipur.
- Guests live like maharajas in the sumptuous rooms and marble courtyard of Lake Palace Hotel, which floats like a white lily on Lake Pichola.



Maldives



Bangladesh



Rotary Club of Kahala Sunrise Halloween Party

Reporter: **Pat "the Devil" Duarte**

Dolores Bediones' palatial residence on Kamehame Ridge was the site for our latest fellowship event – a Mexican-style Halloween Party for Kahala Sunrise Rotarians and their families. **Stephen Morgan** transformed the house into a ghoulish abode with his flare for the macabre, and the talented cooks in our club prepared a wide array of delicious Mexican dishes, awesome desserts, and "invigorating" beverages. **Kevin Chee** provided party leadership, and as a good leader he delegated all the hard work to **Debi Halcro** and **Dianne Bosworth**, who did a fabulous job in planning, organizing and publicizing the event.

Food, fun, fellowship, and families made for a very enjoyable evening. It was a great opportunity to kick back, relax, and get to know our fellow club members a little better. The delicious food and friendly ambience made the evening all the more memorable. Everyone was in the Halloween spirit, donning costumes and disguises that brought laughter and bewilderment. We had everything from little mimes and devils to the *Phantom of the Opera* and *Mr. Jack Box* himself, pointed hat included. Prizes were handed out for several costume categories.

A huge mahalo goes out to **Dolores** and **Albert** for allowing us to use their fabulous house again and being such gracious hosts. *Thank you also to Kevin Chee, party honcho and MC; Debi Halcro and Dianne Bosworth for getting things organized for Kevin; Stephen Morgan for decorating; and everyone else who attended for the great food and camaraderie. It was indeed an outstanding event!!* ^S



Hostess Dolores and cowboy Rich



Kathy's devilish daughter Aja and friend Brook posed with Blood-soaked Stephen



The amazing devil Pat



Gloria sneaked between Bebop Garrett and Flapper Sylvia



Gloria, Lisa, Debi, and Dianne - the gang of 4



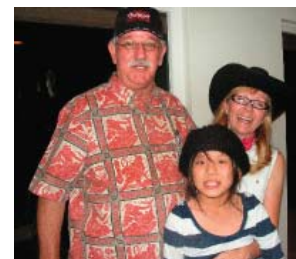
Ella, Dianne, and Kathy



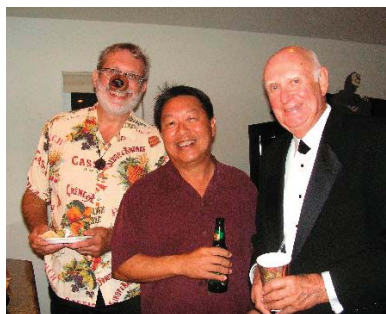
Captain Carl and show-girl Jim



Ranch-hands Rai and Rich



DJ, Kaylah, and Debi - the Halros



Bob the doggie, Kevin the party honcho, and Roy the pre-phantom



Teresa not responsible for Gloria's "construction"



Stephen the decorator



Klinton Bob, Party Honcho Kevin, Astronaut Alexandra, posing with Ester and Snooky Kathy



Gloria the vamp



Pat the devil and Roy the Phantom



Jack Brandon the Box



CLUB OFFICERS & DIRECTORS 2010-2011

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Mark Your Calendars

Christmas Holiday Party

December 18

Emiko's home

Details to come soon

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There is no psychiatrist in the world like a puppy licking your face

- Ben Williams

1. Is it the TRUTH
2. Is it FAIR to All Concerned?
3. Will it build GOODWILL and Better Friendships?
4. Will it be BENEFICIAL to All Concerned?

In this issue:
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